

As you all know I am a committed runner and huge fan of the sport. God has been a huge part of my success as a runner—as He has in my career. Everyday I thank Him for all He's given me.

Today before practice I was getting ready and had this strange feeling in my heart. God told me it was going to be a good day. Half way through practice my coach told me and three other people that we were all appointed Team Captains of the Varsity Team. I'm proud to say, I am the Junior Team Captain for the Varsity Cross-country Team!

I know this couldn't have happened if I didn't have Christ in my life... if God wasn't the center of my career. Praise you Jesus!! (Kelly Hood)