

Around March of 2012, after recommitting my life to Jesus, I prayed that God would reveal to me my past and show me why I was where I was in my life. I asked Him to reveal the errors in choices I had made... that I might avoid doing them again. Over the past year God has answered my prayer. He took me back to my infancy and pointed out the number of times I've dealt with rejection, lack of love, as well as emotional and psychological issues. Recently I struggled at work and had to take time off, but I continued to push in and pray.

As I remained in prayer the Lord gave me a new understanding that He placed doctors, mental health clinicians, and medication in this earth as tool to be used to deal with the flesh. He revealed some mental and psychological areas I needed to address—areas I never considered before. He spoke to ADHD, anxiety and depression . . . not from a standpoint of dependency, but by showing me *that once the lie is revealed it can be removed through faith.*

For so many years Satan had me trapped—trapped because I believed a lie! I thought I couldn't acknowledge problems in these areas thinking it would show weakness or lack of faith in healing. Once the Lord exposed the issues He directed me to my doctors and counselors. He showed me that through medication and counseling *the lie* can be removed and dealt with in Jesus name! The clarity of my mind has been restored and I'm now dealing victoriously with years of former bondage.

The Lord reminded me I'm a spirit who lives in a body. My problem was I was trying to live from the flesh and operate in the Spirit. He showed me I have to live in the *Spirit* and *cooperate* with the body I have. That was a hard concept to grasp! However, by relying on His WORD and surrendering completely to the Holy Spirit, I'm finding healing and deliverance from all anxiety and depression. Praise God He hears our prayers! He's a God of mercy who only requires a committed heart. He's shown me to wait for His timing, not to push Him to accommodate me.

Recommit your heart and wait on God to act. ***He will not fail you!*** (William Hawkins)